SAN PEDRO COLLEGE
(082) 221-0257/ 224-1481 (082) 226-4461 www.spcdavao.edu.ph
12 C. Guzman St., 8000 Davao City, Philippines

HEALTH CARE SERVICES NC II

Overview of the Competency Based Curriculum

FIRST SEMESTER

SUBJECT CODE	SUBJECT DESCRIPTION	CONTENT	UNITS
BC3	PRACTICE CAREER PROFESSIONALISM	✔ Integrate personal objectives with organizational goals ✔ Set and meet work priorities ✔ Maintain professional growth and development ✔ Describe the purpose of the work. ✔ Identify and deal with ethical problems. ✔ Apply work values and gender sensitivity. ✔ Maintain integrity of conduct in the workplace. ✔ Drugs Education ✔ Legal Aspects of Nursing	3
CC3	APPLY BASIC FIRST AID	✔ Common Medical Terms ✔ Body Regions ✔ Anatomy and Physiology of Respiratory and Circulatory System ✔ Assess the situation ✔ Apply basic first aid techniques, Cardiopulmonary Resuscitation, Foreign Body Airway Obstruction, Wounds, Soft Tissue and musculoskeletal Injuries, Poisoning, Shock, ✔ Communicate details of the incident/event and casualty handling	4
UC1	PREPARE AND MAINTAIN BEDS	✔ Prepare the area for bed-making ✔ Perform bed making ✔ Perform aftercare activities with materials and equipment used	2
UC2	COLLECT AND MAINTAIN LINEN STOCKS AT END USERS LOCATION	✔ Collect soiled linen ✔ Distribute clean linen ✔ Maintain linen stock levels ✔ Infection Control Basics ✔ Basic Nutrition	2

UC3	**ASSIST IN PATIENT MOBILITY**	✔ Prepare to assist with client/patient mobility ✔ Assist with client/ patient mobility ✔ Complete client/ patient mobility assistance	**4**
UC4	**ASSIST IN TRANSPORTING PATIENT**	✔ Prepare client/patient for transport ✔ Assist in client/patient transport ✔ Perform post-transport procedures ✔ Basic Nursing Physical Assessment ✔ Dementia ✔ Hypertension ✔ 5 Stages of the Life of an Adult	**3**
UC5	**ASSIST IN BIO-PSYCHOSOCIAL SUPPORT CARE OF PATIENTS**	✔ Establish and maintain rapport with client/patient ✔ Obtain information regarding the bio-psychosocial needs of the client/patient ✔ Nursing Attendant Procedures -Vital Signs Taking -Child Care Procedures -Tepid Sponge Bath -Patient's Movement -Perineal Flushing -Shampoo in Bed -Complete Bed Bath	**10**

SECOND SEMESTER

SUBJECT CODE	SUBJECT DESCRIPTION	CONTENT	UNITS
BC1	**PARTICIPATE IN WORKPLACE COMMUNICATION**	✔ Obtain and convey workplace information -Parts of Speech -Sentence Construction -Effective Communication ✔ Participate in workplace meetings and discussions -Recording Information ✔ Complete relevant work-related documents -Technical Writing -Types of Forms	**3**

BC2	**WORK IN A TEAM ENVIRONMENT**	✔ Describe team role and scope; ✔ Identify own role and responsibility within the team ✔ Work as a team member	**2**
BC4	**PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES**	✔ Identify hazards and risks ✔ Evaluate hazards and risks ✔ Control hazards and risks ✔ Maintain occupational health and safety (OHS) awareness	**2**
CC1	**IMPLEMENT AND MONITOR INFECTION CONTROL POLICIES AND PROCEDURES**	✔ Provide information to the work group about the organization's infection control policies and procedures ✔ Theories of Health ✔ Health Promotion ✔ Concept of Illness ✔ Process of Illness ✔ Diseases and Common Diseases	**3**
CC2	**RESPOND EFFECTIVELY TO DIFFICULT AND CHALLENGING BEHAVIOR**	✔ Plan responses ✔ Apply appropriate responses ✔ Report and review incident/s ✔ Therapeutic Communication ✔ Defense Mechanism ✔ Loss, Grief, and End-of-Life Care ✔ Assessment of Psychiatric Mental Clients ✔ Anxiety Disorder ✔ Dissociative and Mood Disorders	**3**
CC4	**MAINTAIN HIGH STANDARD OF PATIENT SERVICES**	✔ Communicate appropriately with clients/patients ✔ Establish and maintain good interpersonal relationships with clients/patients. ✔ Act in a respectful manner at all times ✔ Evaluate own work to maintain a high standard of client/patient services ✔ Community Health Nursing ✔ Anatomy and Physiology of the Reproductive System ✔ Maternal and Child Care ✔ Care of the Newborn	**3**
RLE-HCS	**RELATED LEARNING EXPERIENCE**	✔ Emergency Nursing ✔ Pediatric Nursing ✔ Medical-Surgical Nursing ✔ Community Nursing	**8**

	-HOSPITAL BASED & NURSING HOME/HOME FOR THE AGED -COMMUNITY -WARD CLASS	**✔ Intensive Care Nursing ✔ Rehabilitative Nursing ✔ Maternal and Child Nursing**	
RS	**RELIGIOUS STUDIES**	**✔ Understanding and appreciation of the sources of our Catholic Faith: Sacred Scriptures, Tradition, Church Teaching, and Human Experience ✔ Basic knowledge of the truths of the Catholic Faith ✔ Understanding of the basic principles and practices of Catholic morality; ✔ Interest in prayer and active participation in the Church's liturgy and Sacraments**	**2**
UC6	**HANDLE WASTE IN A HEALTHCARE ENVIRONMENT**	**✔ Determine job requirements ✔ Identify and segregate waste ✔ Transport and store waste ✔ Conduct quality control activities ✔ Clean up work areas ✔ Concept and Principles of Waste Management ✔ Waste Handling, Collection, and Storage: According to Department of Health ✔ Waste Minimization**	**3**

PREPARED BY:

VIRGIL A. LUENGAS, RN, LPT
Chair, Community School/VHCS