SAN PEDRO COLLEGE
(082) 221-0257/ 224-1481 (082) 226-4461 www.spcdavao.edu.ph
12 C. Guzman St., 8000 Davao City, Philippines

COMMUNITY SCHOOL

Health Care Services NC II

The Health Care Services National Certificate II Program or Nursing Assistant Program of San Pedro College is a one-year technical-vocational program with 1,041 nominal hours. It aims to prepare a student to fulfill a health worker's roles, functions, and responsibilities in society.

In the training course, which is both theory and practice, the students are provided with opportunities to learn in the classroom and simultaneously learn and practice their skills in caring for different clients in various clinical and community settings. Thus, preparing them to become globally competent certified nursing assistants by fulfilling the expected competencies of the following:

-demonstrate safe, quality, and comprehensive nursing care to individuals, families, groups, and community in promotive, preventive, therapeutic, and rehabilitative health situations in the hospital or community;
-be skillful in problem-solving, decision-making, and teamwork;
-able to maintain good interpersonal relationships with clients, peers, and other health team members
-render tasks assigned by the nurse and able to assist the nurse when necessary in delivering nursing care procedures.

Prepared by: **VIRGIL A. LUENGAS, RN, LPT**
Chair, Community School/Vocational Health Care Services

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HEALTH CARE SERVICES NC II

COURSE DESCRIPTION

UC3- Assist in Patient Mobility: This unit of competency covers the knowledge, skills, and attitude in assisting patient/client's mobility based on the approved procedural guidelines. The nominal Duration is 200 hours.

UC5- Assist in Bio-Psychosocial Support Care of the Patient: This unit of competency covers the basic knowledge, skills, and attitudes, including establishing and maintaining therapeutic communication and assisting in meeting the patient's needs. The nominal Duration is 140 hours.

UC4- Assist in Transporting Patients: This competency covers the knowledge, skills, and attitude to effectively assist in transporting patients from one location to another. It includes preparation, helping, and post-transport procedures. The nominal Duration is 200 hours.

BC3- Practice Career Professionalism: This competency includes the knowledge, skills, and attitude in promoting career growth, advancement and integrating personal objectives, meeting work priorities, and maintaining professional growth and development. The nominal Duration is 6 hours.

CC3- Apply Basic First Aid: This competency covers the knowledge, skills, and attitudes in applying basic first aid. It involves assessing the situation, using the techniques, and communicating the incident. The nominal Duration is 6 hours.

UC1- Prepare and Maintain Beds: This competency covers the knowledge, skills, and attitude in preparing and maintaining beds. It involves preparation of the area during and post-care activities. The nominal Duration is 160 hours.

UC2- Collect and Maintain Linen Stocks at End-Users Location- This unit of competency covers the knowledge, skills, and attitudes required to collect and deliver soiled linen to designated holding areas, distribute clean linen, and maintain stocks at end-user locations. The nominal Duration is 140 hours.

BC4- Practice Occupational Health and Safety Procedures- This competency covers the knowledge, skills, and attitudes required to comply with the regulatory and organizational requirements for occupational health and safety, such as identifying, evaluating, and maintaining OH & S awareness. The nominal Duration is 4 hours.

CC1- Implement and Monitor Infection Control Policies and Procedures- This competency is all about infection control procedures, including planning, implementing, monitoring, and evaluating the systems. The nominal Duration is 4 hours.

CC2- Respond Effectively to Difficult/Challenging Behavior- This competency covers the knowledge, skills, and attitude to respond to difficult or challenging patient behavior effectively. It involves normal human behavior, illness and disability, and impacts on behavior.

CC4- Maintain a High Standard of Patient Services: This unit covers the knowledge, skills, and attitudes to maintain a high standard of patient services that involves proper communication, interpersonal relationship**,** and a quality standard of care in delivering services. The nominal Duration is 4 hours.

BC2- Work in a Team Environment: This competency covers the skills, knowledge, and attitude required to work in a team environment. It includes team roles and scope, roles and responsibilities, and team dynamics. The nominal Duration is 4 hours.

BC1- Participate in Workplace Communication: This competency covers the skills, knowledge, and attitude required to gather, interpret, and convey information in response to workplace requirements. The nominal Duration is 4 hours.

UC6- Handle Waste in a Health Care Environment: This competency covers the skills, knowledge, and attitude in handling Waste in a healthcare environment. It also includes determining job requirements, identifying and segregating Waste, transporting, and storing Waste, conducting quality control activities, and cleaning up work areas. The nominal Duration is 160 hours.

RS- Religious Studies: It covers the importance of spirituality, the introduction and history of Christianity, and its impact on a person.

HCS-RLE- Health Care Services Related Learning Experience: It covers the clinical and community exposures and its nursing assistant-related procedures integrated into this. Also, the application of the learnings a learner acquired. The nominal Duration is 540 hours.

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